

Friday

Chance of rain
Lo: 53°F
Hi: 86°F

Saturday

Mostly cloudy
Lo: 48°F
Hi: 71°F

Sunday

Partly cloudy
Lo: 53°F
Hi: 77°F

Sergeant
earning degree
on Internet
See Page 5

Intramural
football
underway
See Page 1B

Sheppard Senator

Combat Capability Starts Here

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80th FTW finishes flying for FY04

By 1st Lt. Brooke Brander
82nd Training Wing Public Affairs

The hangar doors and cockpits closed at the 80th Flying Training Wing yesterday afternoon for the last time for the fiscal year.

Not to worry, though. The flying training program completed its annual close out yesterday after flying more than 78,500 hours, covering over 66,000 sorties and graduating 407 total students.

"There are a lot of working parts that go into making the flying program a success," Col. Heinrich Schneider, 80th Operations Group commander explained. "There is the student time line, the maintenance time line and the support from the



The 80th Flying Training Wing closed the books on fiscal year 2004 and now looks to open up FY05. The wing graduated 407 students from the Euro-NATO Joint Jet Pilot Training Program, logging more than 78,500 flying hours and more than 66,000 sorties.

82nd Training Wing that all have to come together. And they do, creating a very successful program that has never graduated a pilot class late."

The flying program is responsible for the training of undergraduate pilot training students, introduction to fighter fundamental students, pilot instructor training students and maintaining the proficiency of all instructor pilots assigned to the flying wing.

The student timeline, or wing scheduling, side of the flying program is responsible for overseeing the student flying and academic schedule, incentive flights and air show and fly-by requests.

"The flying training squadrons are responsible for scheduling their flying hours and are always planning two weeks out," said Capt. Chris Snodgrass, 80th Operations Support Squadron chief of wing scheduling. "Our job in wing scheduling is to oversee and manage the hours that the squadrons schedule."

Lear Seigler Services, Inc., the maintenance cog in the flying program machine, is responsible for inspecting, servicing, launching, recovering and repairing the 217 aircraft in the 80th's inventory.

"We launch on average 350 to 400 sorties every day," Lee Hart, Lear Seigler Service, Inc. program manager, said. "It's a continuous cycle. Every air-

See 80th, Page 4

On the Inside

Creme de la creme

Bright yellow ears of corn, mounds of dark beans and lightly fried patties of meat are passed out to the Airmen eating in the hospital dining facility on its last Tuesday of operation. A sign hanging on the wall announces that the hall will close today.

The dining hall has been as steady as students passing throughout the hallowed halls of the 82nd Training Wing or aircraft taking off at the 80th Flying Training Squadron for the past 20 years. The only other thing more consistent and constant has been Malvin Alexander, a cook and nutritional medicine employee.

For full story, see Page 6.

Nine to pin on Lt. Col.

Nine Sheppard majors have been selected to make the next jump in rank to lieutenant colonel.



Those selected to receive a silver oak leaf include:

- Maj. David Belz, 372nd Training Squadron; Maj. Daen Fraley, 82nd Medical Support Squadron; Maj. Maria Garcia, 82nd Logistics Readiness Squadron.
- Maj. John Griffin, 366th Training Squadron; Maj. Curtis Hafer, 362nd Training Squadron; Maj. Dathan Jones, 82nd Civil Engineer Squadron.
- Maj. William Marsh, 82nd communications Squadron; Maj. Michael Morris, 80th Flying Training Wing; and Maj. Laurel Smyth, 982nd Maintenance Squadron.

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82nd SFS survives

Old Faithful

By John Ingle
Editor

The most common water attractions in Wichita Falls are the falls and Castaway Cove water park.

But Sheppard's 82nd Security Forces Squadron became the location of the areas first "geyser" Sept. 21 when a 12-inch water main pipe burst, spewing millions of gallons of water in the building.

Maj. Chris Echols, commander of the 82nd SFS, said he doesn't know when the squadron will be able to move back into the building. He added that throughout the ordeal, security forces never lost communication or security of the base.

"We never lost function," Major Echols said. "We met everything we needed to meet. It was a total [82nd Mission Support Group] effort to control this disaster."

The squadron was out on a PT run when the main burst in the building's mechanical room. Members of the squadron returned at about 4:15 p.m. to water flowing out of vents, ceiling tiles and down hallways, he said.

Water shot up the walls and into the ceiling, spreading throughout at least three-quarter of the structure. In some places, a water line could be measure at about two or three feet.

The first concern of the group

was to take care of personnel and then equipment, Maj. Echols said.

"We evacuated and called all the right folks," he said. "We evacuated our law enforcement desk and got it set back up at the combat arms training and maintenance [facility] in less than an hour."

Huge players in limiting the could-have-been devastating blow to the protectors of Sheppard were personnel from the 82nd Civil Engineer Squadron and 82nd Communication Squadron.

The top cop said CE had power restored to the building within two hours that allowed CE technicians to restore alarm monitoring capabilities.

"It was a late night for some folks," Major Echols said, "CE and CS especially."

Another area the major said didn't pose a problem was alarms at locations such as the Sheppard Bank and base exchange.

"Because our law enforcement desk was evacuated, we didn't have alarm monitoring for about an hour," he said. "Immediately when we got to the combat arms training and maintenance facility, we called all those places affected."

When the squadron lost power, they lost the ability to monitor those alarms. But, people assigned to monitor the alarms during the duty day were told to stay in place until the alarms

could be hooked up again.

For now, the contractor passes are being issued at Bldg. 402 at Pass and ID. Be aware there will be delays at Pass and ID due to the temporary set-up.

Security forces administration is temporarily located at Bldg. 402 and the operations and training functions are located in Bldg. 2113. The law enforcement desk is located at Bldg. 2125.

Left, muddy water flows through the parking lot as 82nd Civil Engineer personnel continue to assess the damage caused when a water main busted Sept. 21, sending thousand of gallons of water gushing through and out of the 82nd Security Forces building. Below, the culprit of the flood was this 20-inch water main in the mechanical room.



Above, a traditional German "oom-pah" band provides musical entertainment to guests at the annual Oktoberfest at the 80th Flying Training Wing Sept. 25. Sheppard German-NATO partners have brought a taste of their culture to Sheppard for a number of years.



Hosts and hostesses at the Oktoberfest take time out from their busy night to get a group picture. The beverage brood dressed in traditional German clothes to give the fest an authentic feel.

Sheppard hosts privatization forum

By John Ingle
Editor

Sheppard officials took another step toward housing privatization last week when a group of housing developers toured the base.

Under the Industry Forum on Housing Privatization, the developers were able to look at homes in Cape Hart, Bunker Hill and Wherry housing Oct. 23. The intent of the forum was to provide prospective developers an opportunity to get more information about the Air Force's and Air Education and Training Command's goals on privatization.

AETC has taken the process a step farther and grouped bases in the command together to improve operations and reduce costs for both the military and the developer.

Sheppard has been grouped with Altus Air Force Base,

Okl., Luke Air Force Base, Ariz., and Tyndall Air Force Base, Fla. About 2,875 houses are involved in the grouping, including more than 1,200 at Sheppard.

The privatization process, approved by Congress in 1996, allows private developers the opportunity to lease housing units on base for a long period of time, usually 50 years. The developer is responsible for maintenance and refurbishment of the homes.

Housing privatization is not a military construction project; rather, it's a real estate transaction between the Department of Defense and the developer.

The goal of the Air Force and AETC is to ensure military members and their families are provided safe, quality-built and well-maintained houses at their respective bases.

133 walk the stage at WBU graduation

Courtesy of Wayland Baptist University

Wayland Baptist University awarded degrees to 133 Sheppard military and civilian members during commencement exercises in the base theater on Monday.

Receiving master's degrees are Master Sgts. Karen J. Beers, Jason M. Durst, Tracy V. Evans, Robert D. Jingst, James B. Kelley, and Philip M. Shirah; Tech. Sgts. Alejandro Brededa, Yancey A. Danes and Christopher P. Theriot; Staff Sgts. Michael A. Clement, Andrew J. Davis, Bryan R. Sullins, Stephen M. Williams and Stephen T. Wright; Army Sergeant 1st Class Allan R. LaViers.

Prior military, servicemembers from other bases and civilians receiving master's degrees are Capt. David C. Cavazos; Elaine Biter, Shyn Y. Chen,

Emilie J. Fowler, Alfred Harris, Marianne Johnstonbaugh, Thomas J. Meyer, Allyson Street and Steven M. Underhill.

Receiving bachelor's degrees are Maj. Peter Borman; Master Sgts. Bartley R. Anderson, Kenneth D. Paul, Michael J. Dorazio, Raymond J. Lapham, John Maldonado, James Nix, William Nygren, Mark A. Sanders, Timothy L. Thomas and Joseph Young; Tech. Sgts. Frank M. Bonifaz, Billy Barnett, Christopher E. Boyer, Ruben J. Bonales, Troy N. Brown, Curtis V. Cook, Carolee A. Everett, Justin J. Helin, Darin L. Hinnergard, Kim A. Lencar, Felicia D. Mitchell, Deloris H. Oldham, Matthew P. Peck, David M. Reeves, Stacey G. Stover, Ronald Smith, Eric D. Standiford, Bradley S. Warner, William B. Vais and John S. White; Staff Sgts. Nonika I. Allen, Richard R. Brady, Jesse T. Chien,

Jason M. Deveck, Jon V. George, Melody P. Glass, Craig E. Grant, Timika S. Hall, Shawn M. Kozica, Justin S. Laurie, Jason D. Rainey, Trina M. Roulston, Joseph L. Sanchez, Richard B. Stanley, G. Thomas, Albert N. Walker IV, Robert J. Wood, Senior Airman Jeffrey D. Adling; Navy Senior Chief Petty Officer Joseph A. Farland; Army Sergeant 1st Class Mark

A. Leach and James H. Tittle.

Prior military, servicemembers from other bases and civilians receiving bachelor's degrees are Master Sgts. Andre P. Dame, Adam S. Frakes, and John C. Matthews; Tech. Sgts. James A. Bradberry, Robert L. Dawicki, Billy D. Tramel Jr.; Staff Sgts. Michael P. Coleman, Nicole D. Dismute, Matthew D. Dutton, George H. Koehler, Damien P. Vita; Army Sergeant 1st Class Donald G. Tucker Jr.; John W. Bland, Carla A. Boll, Shelly S. Brown, Gordon Bland, Andreanette R. Dandridge, Grant M. Davis, Valerie F. Davis, Rudy De La Pena, Larrell E. Ferguson, Susan B. Fisher, Elizabeth C. Frowen, Sandra B. Godino, Barbara S. Green, Phillip D.

Heib, Marion A. Helmick, Brian R. Holmes, Michele L. Koppell, Rodney E. Leonard, Misty D. Mercer, Debra K. Nessel, Leo Powers, Randy P. Rasmussen, Tiffany Rorabach, Thelma L. Rouse, Darlene Schmigel, Leonardo M. Smith, Paul V. Sunderman, Jeffrey M. Trencham, Jodi L. Underhill, Jessica L. Wasacz, Janie O. White, James M. Whitley, Nicole I. Wynne and Tracy Zillweger.

Receiving associate's degrees are Master Sgt. Juventino Quintanilla; Tech. Sgt. Jack S. Caperton and Kurt B. Holden; Staff Sgt. Montrell Lee; Navy Petty Officer Michael L. Utt; Army Staff Sgt. Jeffrey L. Oliver and Army Sergeant 1st Class Gerald Terrazas.

Prior military, servicemembers from other bases and civilians receiving associate's degrees are Randy L. Billingsley, Jeffery W. Millsap and Marla Reece.

14 complete leadership school ARC recognizes Sheppard

82nd Training Wing Public Affairs

The next stage of gaining more responsibilities was taken recently by 14 senior airmen here when the three-stripers completed the five-week Airman Leadership School.

Two Airmen from the 80th Operations Support Squadron swept the awards handed out to the top students in Class 04-F. Senior Airman Kevin Cozad was awarded the John L. Levitov and Leadership awards.

The Levitov award is given to "the distinguished graduate who is the most outstanding in objective and performance evaluations, demonstrated leadership and teamwork." The Leadership award is based on



Cozad

Flores

the opinion of the ALS flight chief and is given to the Airman who "made the most significant contribution to the overall success of the class."

Senior Airman Eric Flores earned the Academic Achievement Award, an award that recognizes the student who demonstrated excellence as a

scholar.

Other students who completed the course include:

Staff Sgt. Rebecca Riley, 80th OSS; Senior Airman Dustin Cushing, 82nd Logistics Readiness Squadron; Senior Airman Hilda Rodriguez, 381st Training Squadron; Senior Airman Uriel Negron, 82nd Medical Support Squadron.

Senior Airman William Daniels, 82nd Mission Support Squadron; Senior Airman Daniel Valenzuela Jr., 360th Training Squadron; Senior Airman Donald Whitehead, 82nd Civil Engineer Squadron; Senior Airman John Zammatt, 360th TRS; Senior Airman Matthew Pachuta, 365th Training Squadron and Senior Airman Eric Toves, 80th OSS.

ARC recognizes Sheppard

The Sheppard Air Force Base Red Cross Blood Bank Appreciation Luncheon was held on Sept. 25 at the Multi-Purpose Events Center in Wichita Falls.

The Rotary North Club of Wichita Falls sponsored the event to honor those who give blood and recognize the cooperative spirit between the American Red Cross blood center and Sheppard Air Force Base.

The event officially opened with the base Honor Guard presentation of the Colors. Brig. Gen. James Whitcomb, 82nd Training Wing Commander and Maj. Samuel Spooner, 364th Training Squadron commander, accepted age trophies recognizing the base's achievement of collecting the largest amount of blood donations in a single year in the state of Texas for the American Red Cross.

Daren Coates, the Red Cross donor resource manager for the Wichita Falls chapter, accepted the third award.

Sheppard Air Force Base set the Texas state record for blood donations in a single day for two years in a row and collected over thirteen hundred units in the July 2004 event.

Some officers to lose command pay

By Tech. Sgt. David Jablonski

Air Force Print News

WASHINGTON — Command Responsibility Pay now received by some field-grade officers in command positions will end this month.

In a Sight Picture titled, "Recognizing the Responsibility of Command," Air Force Chief of Staff Gen. John P. Jumper announced the Air Force would reduce the number of command positions that qualify for CRP. Personnel officials said that about one third of the officers now receiving it will be affected.

Congress authorized CRP in 1958 and by law each service is authorized to pay up to 10 percent of their servicemembers in each of their command ranks of colonel, lieutenant colonel and major. It is paid between \$150 for majors, \$100 for lieutenant colonels and \$150 for colonels.

But, during the past two years, more commanders have deployed as part of the air and space expeditionary force to meet the overwhelming demands of new and evolving threats to national security. Because of these critical expeditionary commitments, the number of command positions has grown beyond the congressional authority to pay them.

Now, specific command billets for the

pay will be based on one or more of the following characteristics:

— Likelihood of deploying to a combat zone.

— Uniqueness or criticality of primary mission.

— Deployment for a year or more.

"Leading Airmen as a commander of a wing, group or squadron is one of the most important and challenging opportunities in our Air Force," General Jumper said.

"Two years ago, Secretary [of the Air Force Dr. James G. Roche and I put into action two initiatives for commanders charged with leading (Airmen)," he said. "First, we authorized wear of the command insignia. Secondly, we instituted Commander Responsibility Pay as an additional way to recognize and emphasize the leadership responsibilities of command."

"We're trying to acknowledge those positions that have unique responsibilities and compensate those commanders," said Maj. Gen. John M. Speigel, Air Force director for personnel policy.

"We refocused and reoriented the program because of the growth we had over the last couple of years and the pending growth," he said. "It's a percentage point or two that we're over; it's not much, but it could continue to grow, so we had to re-baseline the program."

The leaders are focusing CRP on commanders who would deploy and lead their troops into combat. There are instances where the Air Force has commanders who are currently at home station and the likelihood of them deploying as a commander to take their unit into combat is remote. In those cases, they will no longer receive CRP officials said.

Conversely, there are some commanders who are in unique positions of responsibility, such as space operations and missiles, whose deployed location is their home station. Some of those commanders will continue to receive CRP.

"We wanted to make sure we acknowledged them and what they brought to the fight," General Speigel said.

"We value the role commanders play — the arduous nature of their job," he said. "It's unique to the military — there's nothing like it in the civil sector, so we've looked at this, we've had to make some hard decisions and reorient the program. We think now is the time to align the program with the focus on the air [and space] expeditionary force, the warfighting nature of the Air Force and our deployed operations."

The commanders affected by the CRP reduction would see the adjustment in their October pay.



Photo by John Ingls

Getting hooked up

Airman 1st Class Chad Fortuna and Staff Sgt. Matt Stull tighten rods for rotatable log periodic antennas at the 372nd Training Squadron. Students on top of the tower are connecting two separate towers.

We want to tell Sheppard's story, but we need your help. Call 6-7244 with your story idea or send an e-mail to sheppardsenator@sheppard.af.mil.



Sheppard Fire Department personnel clean up following an exercise involving a car bomb at Bldg. 1927 Wednesday. Firefighters and security forces personnel responded to the scene, set up a cordon and evacuated surrounding building.



Wichita Falls Fire Department firefighter Andy Borchardt simulates artificial respirations for an Airman "injured" during a car bomb exercise Wednesday at Bldg. 1927

This is a test

Photos by John Ingle

Briefly Speaking

Dimensions in Blue to perform

Dimensions in Blue, the jazz ensemble from the United States Air Force Band of the West, will be presenting a concert Oct. 12 at 7 p.m. in the Burk Burnett, Texas Friendship Park Amphitheatre.

The performance is free of charge and open to the public.

The 19-member group of military musicians performs a wide variety of music ranging from the classics of Duke Ellington, Count Basie, and Woody Herman, to the more contemporary sounds of Rob McConnell, Bob Mintzer, Frank Mantooth and others.

Dimensions in Blue performs an average of 100 performances annually, entertaining over 500,000 people and logging over 20,000 miles of travel each year.

Career opportunities in AFJROTC

Air Force Junior ROTC has immediate employment opportunities as AFJROTC instructors for retired Air Force active duty members or members retiring within the next six months.

Officer and NCO instructors are needed in Texas. For a complete list of vacancy locations and instructions on completing an AFJROTC instructor application, please see our website: www.afotaf.af.mil. (Select AFJROTC) or call AFJROTC Instructor Management, DSN: 493-5375/5300 or toll free 1-866-235-7682 ext. 5275 or 5300.



Col. Beverly Wright, 82nd Mission Support Group commander and on-scene commander, talks to members of the Disaster Control Group during an exercise Wednesday. Response team members set up the mobile command post near the site of the explosion to communicate with the Crisis Action Team of exercise developments.

Investment class scheduled

The Family Support Center is offering a workshop called "A Financial Plan to Invest" Oct. 4 from 11:30 a.m. to 1:30 p.m. at the Officer's Club, Daedalian Rooms 1 & 2.

Call the FSC at 6-4358 to make a reservation.



Walking wounded Airmen make their way to a bus to evacuate an area near Bldg. 1927 following a car bomb.

The deadline for all story submitts to the Sheppard Senator is noon the Friday prior to the requested publication date. For more information, call 6-7244 or send an e-mail to sheppard.senator@sheppard.af.mil.

Hot dogs: \$2 each
or \$5 for a meal

24th Annual Lobster Bake

Lobster and
Steak: \$24

Rib eye steak: \$11

Lobster: \$17



For ticket sales, please contact Marilyn Lucas at 6-6647, Staff Sgt. Dawn Hart at 6-4039 or Staff Sgt. Casey Kalal at 6-6060.

Oct. 2

**All meals include baked potatoes, corn on the cob, baked beans, salad, rolls, etc.

Hispanic Heritage Month events

Saturday: Taste of Culture from 11 a.m. to 1 p.m. at the BX. Come share typical Latin food provided by local restaurants.

Oct. 14: Hispanic Heritage luncheon at the officers club at 11 a.m.

Oct. 16: Latin Dance Night at the enlisted club featuring a live Salsa, Merengue and Tejano band from Dallas. The dance begins at 9 p.m.

For more information, call Staff Sgt. Patrick Harmon at 6-4827 or Marlon Pesantez at 6-6489.

Trial ends for Air Force translator

TRAVIS AIR FORCE BASE, Calif. (AFPN) — Senior Airman Ahmad al-Halabi, a supply clerk who served as a Guantanamo Bay translator, was found guilty of three charges and four specifications of violations of the Uniform Code of Military Justice. The trial ended here Sept. 23.

Col. Barbara Brand, the military judge for the case, sentenced Airman al-Halabi to confinement for 295 days, demotion to basic and a bad-conduct discharge. Lt. Gen. William Welser III, 18th Air Force commander and convening authority, will take final action on the sentence. Airman al-Halabi will receive credit for the 295 days of pretrial confinement, so he will serve no additional time.

The charges and specifications were: two specifications of failure to obey a lawful general order by taking photos of the Camp Delta facility and moving classified information; making a false official statement by denying taking the photos; and wrongfully and willfully retaining unauthorized documents which were classified secret or

marked secret at the time of possession.

Airman al-Halabi agreed to plea guilty to the charges and specifications in return for a sentence cap and his cooperation with investigative agencies. Other charges against him were withdrawn after the military judge accepted his guilty pleas.

General Welser said this agreement serves the interests of military justice and the accused.

These are serious, felony-type offenses," said Lt. Col. Bryan Wheeler, lead prosecutor in the case.

Airman al-Halabi was assigned to the 60th Logistics Readiness Squadron. At the time of the offenses, he was serving on temporary duty as a translator at Guantanamo Bay, Cuba.

In his unsown statement, Airman al-Halabi said he kept the unauthorized documents because he thought they were interesting.

"They were interesting to me, and they were about the work I did at (Guantanamo Bay)," he said. "I thought they would be nice memorabilia

from my time there. They were my war trophies."

After the sentence was announced, Maj. James Key, one of the military defense counselors, said the defense team would have been happier if Airman al-Halabi had not received a bad-conduct discharge, but everyone was relieved the trial was over.

The complexion of this case has changed since it began. Airman al-Halabi originally faced 30 charges, including attempted espionage. As the case and the investigation developed, the charges were adjusted to reflect the evidence more accurately.

"The case demonstrated the fairness and effectiveness of the military justice system," said Col. John Kellogg, Air Mobility Command deputy staff judge advocate. "As the evidence evolved, the charges were reduced accordingly. The government took great strides to make sure Airman al-Halabi received a fair trial while meeting the military justice goal of maintaining good order and discipline."

Military intelligence mission to transform

By Samantha Quigley
American Forces Press Service

DENVER, Sept. 29, 2004 — The United States, in the face of new threats, is transforming its military. It is moving from a force designed to fight the Cold War to one ready to face a new enemy that is agile and mobile.

This military transformation includes enhancing the Defense Department's Intelligence, Surveillance and Reconnaissance, or ISR, capabilities. And that has brought senior military officials and government agency directors here this week for a symposium on transforming ISR.

Because America's current ISR model was designed during the Cold War and is no longer efficient in fighting "asymmetrical" warfare, officials said, it must transform. The focus of ISR is horizontal integration or, more simply put, the sharing of information among intelligence agencies. Traditionally taboo, it is an idea whose time has come, according to symposium speakers.

"It's hard to break down the ... barriers or the walls

between our various cultures. And we're different for a good reason. All of our agencies and organizations have different missions," said Letitia A. Long, deputy undersecretary of defense for policy, requirements and resources. However, she added, "if we're going to fight a joint fight and win, we need to understand the various principals across the organizations. And I think the same is true for the intelligence community."

There is an ongoing effort being made to break down those barriers. For example, employees across the defense intelligence community are being encouraged to take an assignment or detail with another agency to promote cross-agency understanding. In fact, Long said, the rotational assignment is required for promotion to the senior executive service or the senior intelligence service.

Information sharing would allow for quicker access to needed information needed by one agency and possessed by another. It also would allow for more complete analysis of collected data.

Another key to ISR transformation is technological. Information can be collected and moved nearly instantaneously. To capitalize on intelligence, the infrastructure must be in place, said Air Force Lt. Gen. Harry D. Raduege Jr., director of the Defense Information Systems Agency.

The Global Information Grid will allow transmission of that ISR data to appropriate users in a timely fashion with the right protection, Raduege said, adding that bandwidth and security needs are increasing.

Experts are predicting an eight-fold increase in the bandwidth requirement between 2006 and 2015. And Raduege noted that such projected estimates usually fall short.

ISR transformation is an undertaking of enormous proportion. In the end however, the goal is simple: collect the right data, analyze it better and faster, and see that it gets to the right people in a timely fashion so they can best use it to complete the mission. It's what needs to be done to achieve that goal that's going to be difficult, officials said.

Political activities rules basically the same for active duty, reserve

WASHINGTON — Citizen Airmen serving in the Air National Guard or Air Force Reserve follow the same rules governing political activity as their active-duty counterparts.

Questions about what Airmen can or cannot do about this presidential election year, and some situations have become national news. The rules on political activity are largely the same for all Airmen in uniform, but one area differs.

Although active-duty Airmen are prohibited from holding public office, reservists and guardsmen can, said Philip Donohoe, Air Force Reserve Command director of general law.

"But fulfilling the duties of these offices must stop once a reservist or guardsman puts on the uniform and reports for duty," Mr. Donohoe said.

Air Force reservists and guardsmen who are serving on active duty under Title 10 of the U.S. Code for more than 30 days must comply with the active-duty rules contained in Air Force Instruction 51-902, "Political Activities by Members of the U.S. Air Force." Reservists and guardsmen who are on active duty less than 30 days follow the more general guidelines set out in Paragraph 8 of AFI 51-902.

All reservists and guardsmen must refrain

from participating in any political activity while in uniform and from using government facilities for political activities. Guardsmen who perform duties in Title 32 USC status should be aware of any special restrictions on political activities imposed by their respective state authorities.

While active-duty Airmen may not campaign for, or hold, elective civil office, reservists and guardsmen are not so constrained. As long as they are not serving on extended active duty -- defined to be active duty under a call or order for more than 270 days -- reservists may campaign for, and hold, partisan or nonpartisan civil office. It must be held in a private capacity and must not interfere with the performance of military duties.

When reservists and guardsmen campaign for elective office, they must be careful to avoid using their military status as a political selling point. For example, a reservist campaigning for office should not use political flyers that show the reservist in his or her military uniform.

Department of Defense Directive 1344.10, "Political Activities by Members of the Armed Forces on Active Duty," gives guidance to all military branches and is the source for AFI 51-902.

82nd Communication Squadron notice

Any individual experiencing telephone or circuit problems should call "0" to report telephone trouble outages and problems; or call the 82nd communication squadron at 6-2054, 6-1234 or 6-5581.

80th

Continued from Page 1

plane out that is inspected, serviced, launched, recovered and repaired as necessary, and as scheduled, and then we start the cycle all over again."

Each scheduling component of the programs has its challenges to overcome to ensure the flying and training maintain on course and on schedule.

"Communication and coordination are key," Captain Snodgrass explained. "There are so many working parts between the three flying squadrons and maintenance

and we need to make sure everyone is talking to each other, and wing scheduling is the go between."

Maintenance faces scheduling challenges as well as weather challenges.

"When the weather's cold we tend to have more hydraulic breaks and when it's hot we have to take into account the safety of our people in the heat all while maintaining the regular maintenance schedule," Mr. Hart said.

Colonel Schneider said that

despite the challenges presented to each component of the flying program, they overcome and they make the Euro-NATO Joint Jet Pilot Training Program a complete success.

"This is the most effective way I have seen in my 35-year career to achieve the necessary and required training while keeping it economical and transparent," he said.

In fiscal year 2005 the 80 FTW has 240 planned flying days, 70,338 planning flying hours coming to almost 59,000 sorties to look forward to.

The 80th FTW presents

COMBAT AIR FORCE DAY

15 OCT 04

OPEN TO ALL BASE PERSONNEL

0830 - 0930
F-15C/A10/P-51
Aerial Demonstration

(Buses depart Student Activities Center at 0800, every 30 minutes.)

1400 - 1700 Static Displays

(Buses depart Student Activities Center at 1330, every 30 minutes.)

F-15C F-15E
F-16 A-10
B-1B T-38C
TORNADO GERMAN F-4

Fuel Your Future

Air National Guard

Airman goes to great distance to work on degree

By Rebekah Yeager
Grantham University

Staff Sgt. John Haymes spends his working hours training Airmen at the 363rd Training Squadron.

His duties as a military training leader here range from numerous administrative tasks to supervising a dormitory with up to 1,000 students. He teaches drill, dress and appearance, living and health standards and tries to instill the self-discipline required in today's military.

When he leaves work, however, Sergeant Haymes steps out of his teaching role and into the role of a student. He's working towards a degree in Computer Information Systems from Grantham University in Slidell, La.

But he has never set foot on Grantham's campus. He's never needed to.

Grantham is a distance learning institution and his commute is as easy as the click of a mouse. All of his educational needs - from taking tests to communicating with professors and advisors - can be met online.

Sergeant Haymes said he joined the military for two reasons: the opportunity to serve his country and the outstanding education benefits. But Sergeant Haymes, who is frequently deployed and has recently served in support of Operations Southern Watch, Enduring Freedom and Iraqi Freedom, said he found it almost impossible to attend traditional classes.

"My deployments are often to desert regions," he said. "I have been in everything from a fully functional military base to setting up tents outside of a hangar and runway. There are long days in the hot sun, but I love my job. I enjoy the professionalism of the military. It has great structure and discipline."

His decision to enroll in a distance education institution, he said, was made during a deployment to Diego Garcia, a small island in the Indian Ocean.

"This island is about 1,000 miles from anywhere," Sergeant Haymes said. "What finally made me decide to enroll in Grantham University was the fact that I realized that even though I was 1,000 miles from anything, I could still study and go to college if I had enrolled before I left."

Sergeant Haymes is one of seven Grantham students at Sheppard and he's part of a larger trend in distance education.

According to the U.S. Department of Education, enrollment in distance education courses has more than doubled since 2000.

In the past, distance learning meant taking courses through audio or video feeds. Today's technology has allowed schools to offer more and more courses using the Internet.

This new distance learning model is ideal for military personnel who are deployed, move frequently because of temporary duty assignments, or whose duty schedules make it difficult to attend traditional evening classes.

"Being in the military, I know I will be deployed again and again, and usually there is one thing constant about Air Force bases," he said. "They all have Internet access. So for me, the convenience of being able to do my schoolwork anywhere anytime is amazing."

In addition to the benefits of an education flexible enough to accommodate their unique situations, Sergeant Haymes and his fellow students are able to take advantage of another benefit - a full scholarship which takes care of all educational expenses not covered by the military.



Courtesy photo
Staff Sgt. James Haymes, 363rd Training Squadron military training leader, is working his way towards his degree through distance learning at Grantham University.

Their education is funded through Grantham's military scholarship program, which is available to all service men and women. The military scholarship covers all books, software and tuition not covered by the Department of Defense after Tuition Assistance or Defense Activity for Non-Traditional Education Support (DANTES) is applied.

Grantham University offers an unlimited number of scholarships to all of the nation's soldiers, sailors, airmen and members of the other uniformed services. These scholarships are available to reserve members and to active duty military personnel. Grantham has additional scholarship programs for veterans and military families.

**If you've had too much to drink,
don't even think about driving. Give
Airmen Against Drunk Driving a call
at 676-AADD.**

**To place an ad in the *Sheppard
Senator*, call the Times Record News
at 761-5151.**

Crème de la crème

Nutritional medicine tech has 'served' hungry Sheppard Airman for 20 years at the hospital

By Carolyn Knothe

Base public communications

Bright yellow ears of corn, masses of dark beans and lightly fried patties of meat are passed out to the Airmen eating in the hospital dining facility on its last Tuesday of operation. A sign hanging on the wall announces that the hall will close today.

The dining hall has been as steady as students passing throughout the hallowed halls of the 82nd Training Wing or the aircraft taking off at the 80th Flying Training Squadron for the past 20 years. The only other thing more consistent and constant has been Malvin Alexander, a cook and nutritional medicine employee.

After working as a civilian in the dining hall since 1985, Mr. Alexander — called Mr. Al by his friend and co-workers — is sad to see it disappear.

"I'll do something when it closes," he said, mentioning another office on base that could use his help. "Keep saying I'm going to retire, but I'm used to working."

Mr. Alexander joined the Air Force on Jan. 2, 1958, right after he graduated from high school in Virginia. After growing up on a farm, Mr. Alexander didn't find the military too hard or the hours too long.

He began in the nutritional field when the career was not open to any-

one below the rank of staff sergeant.

"They liked what I could do, so I had me try it as an airman," he said. "I aced the test they gave me and became the first airman in the field of nutritional medicine."

He worked as a meat cutter before the position was eliminated, and for a while, was the last meat cutter left in the Air Force. His job included cutting steak, pork chops, chicken; "all of it," he said.

Now, wearing his bright blue apron and crisp paper flight cap as he serves meals to hungry Airmen, he is an icon to many of the patrons who frequent the hospital dining hall. But he doesn't see himself that way.

"I'm just here to do my job," he said, a job he's done faithfully for hundreds of other meals during his career.

In the 45 years Mr. Alexander has been working, he has never missed a shift or called in sick. His days usually begin at 4 a.m. and last until his shift is over at 2 p.m.

"I can't help getting up early," he said. "Even when I'm on vacation, I'm up and walking around early in the morning because I just can't sleep anymore, I've had so many years on the early shift."

It seems that cooking and catering for others has become more than just a job for Mr. Alexander; it's become who he is. The 60-something-year-old man moonlights at a local hotel,

performing duties as a chef for weddings and other catered events.

"I enjoy creating things," he said. "I make flowers and animals out of the food."

During his stint with the Air Force, Mr. Alexander has seen a lot of changes. But what he notices most is the difference in the airman.

"Airmen today are much sharper than they were [years ago]. They're a lot smarter and grasp stuff much faster," he said. "They don't look like they're paying attention, but they are, because when you ask them to do something they know how to do it."

To Mr. Alexander, the best part of his job is getting to please all of his customers and to always produce a quality product.

"When people come up to me afterwards and tell me 'thank you,' smile and shake my hand, that's what I like," he said.

Tech. Sgt. David Fernholz, a member of the nutritional medicine team and co-worker of Mr. Alexander for 12 years, said Mr. Alexander never sought recognition for his duties and was always available to help out wherever needed.

"He is one of the most humble people I've met in my life, and yet he is the first to always volunteer for everything," he said.

The sergeant added Mr. Alexander is someone he has always looked up to during his time at Sheppard.



Photo by Carolyn Knothe

Malvin Alexander has been a fixture at the hospital dining facility for 20 years. Today will be the first time he hasn't worked at the facility since 1985 because the dining hall closed its doors for the last time Thursday.

Smoking good time

Photos by Mike Fiore



Master Sgt. Michael Dorazio of the 364th Training Squadron gets ready for his turn during the 2004 Smokehouse Competition. Maj. Samuel Spooner, 364th TRS commander, grabs his gear, too, to find the "victim" hidden in the house.



82nd Communication Squadron Commander Maj. William Marsh, left, and Smokehouse Competition teammate Tech. Sgt. Robert Foster hold up their first place trophy after winning the even in 2:52. Lt. Col. Phillip Triplett, 82nd Civil Engineer Squadron commander, and Chief Master Sgt. Jerry Barnett came in second with a run of 2:56.



Two competitors make their way out of a house on Childress Street during the 2004 Smokehouse Competition. The event is part of the National Fire Prevention Week.

Fire Prevention Week concludes with parade, open house

As a finale to Fire Prevention Week, the base fire department and "Sparky" will parade through base housing areas starting at 9 a.m. on Saturday. Trucks will leave the fire station and first go through Wherry housing, then Bunker Hill and finally Capehart housing before returning to the fire station. The open house will be at Bldg. 1093 next to the control tower on K Ave. The Fire Department Open House is from 11 a.m. to 1 p.m. bring your family out to see fire vehicle and equipment demonstrations, tour the fire station, visit "Sparky" and spray water at our new kids firefighter house fire.



Members of the Sheppard Fire Department help two competitors get into their gear before their turn in the annual Smokehouse Competition. Others who competed in the event include Maj. Michael Andress, 365th Training Squadron commander, Master Sgt. Anthony Blackburn, 365th TRS, Maj. Curtis Hafer, 362nd Training Squadron commander, Master Sgt. Eric Frey, 362nd TRS, Lt. Col. H.D. Pumboo, 80th Flying Training Wing commander, and 1st Lt. Richard Chapko, 80th Operations Group.

Sheppard Senator

Brig. Gen. James Whitmore, 82nd Training Wing commander

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Doing the little extras make ordinary extraordinary

Col. Kim Sinskech

82nd Training Group commander

I was a squadron commander in the 11th Wing at Bolling Air Force Base, Washington, D.C., in 1998 and our wing commander, then-Col. Duane Deal always reminded us "the only difference between 'ordinary' and 'extraordinary' ... is that little extra."

He would also say, "God created most of us equipped with ability to accomplish the ordinary. Likewise, he also created with the capability to accomplish the extraordinary." So what does it take to accomplish the extraordinary? Most of the time, it is just our ability or willingness to focus our attention on the "extra" effort required to make our results exceed the ordinary.

With the Operational Readiness Inspection (ORI) just weeks away, now is the perfect time to focus on the little extra. The countdown has begun. On Oct. 17, 150 inspectors will arrive on our doorstep here at

Sheppard. Now at this point, major programs and processes are on track, self-inspections are completed, staff assistance visits are done – so what is left? The answer is the little extras. And now is the perfect time to focus our attention on those little extra details to ensure we are ready for the team to arrive.

There are many areas that could benefit from a little extra effort. For example, take one more look at OJT records, facility folders or other inspectable items in your duty section and ensure they are error free. Take extra steps in your work area by spending a little extra time de-cluttering.

Let your work area reflect the level of excellence you strive for in your job. Be a good example to others by projecting in your unit to ensure the entire area, both inside and outside, is inspection ready.

Know the three special interest items – OPSEC, Fitness Program, and Social Mission – and be prepared to answer ques-

tions from the inspectors regarding any of those areas.

And above all, do those extra tasks with a positive attitude. Attitude counts!

We only have one chance to make a good first impression. To set the overall tone for your time with the inspectors, a positive attitude is critical. From the moment they enter your work area, your attitude is key to establishing a good first impression.

So put forth the extra effort to look sharp and act sharp. Be enthusiastic! Be proud of your work and don't be afraid to brag. Be confident in your accomplishments and be prepared to showcase your work. Enthusiasm and a positive attitude will go a long way.

We only have one chance to enter the final countdown for the inspection, remember that extra does count. Your extra efforts could make an extraordinary difference. Strive for the extraordinary and make your inspection outstanding!

Take a poke at influenza

By Staff Sgt. Danielle Alexander

82nd Medical Operations Squadron

Flu season is rapidly approaching. You can protect yourself and your family from this threatening virus by getting vaccinated.

A flu shot protects you by causing your immune system to develop antibodies against the influenza virus. Those people most at risk of becoming very ill from the virus are children aged 6-23 months, adults over 65 years old, pregnant women, nursing home residents, second and third trimester, persons with underlying chronic medical conditions and employees in hospitals and doctors offices.

People who should not receive the flu vaccine include those who have a severe allergy to eggs and people with a previ-

ous adverse reaction or illness from the flu vaccination.

The flu vaccine is mandatory for all active duty military, Air National Guard and reserve personnel.

The influenza virus does not discriminate, so it is highly suggested that family members, retirees and government service employees also get vaccinated.

Those vaccinated as soon as the vaccine becomes available. We expect to have flu vaccine available by this month. There will be notifications sent and announcements made via TSTV-14 and in the Sheppard Senator when the vaccine actually arrives.

To avoid a wasteful visit to the hospital, please wait for notification that the vaccine has arrived at Sheppard before going to get vaccinated. In addition to getting vaccinated, there are several ways

you can defend yourself against the influenza virus.

The virus is spread from person to person, primarily through coughing and sneezing of infected persons. Avoiding close personal contact with somebody who has "flu-like" symptoms will lessen your chance of acquiring the virus.

Some additional symptoms of the flu include, fever, headache, tiredness, nonproductive cough, sore throat, and runny nose.

Proper hand washing techniques are your best defense against preventing the spread of all infectious diseases. If you feel you have been infected with the influenza virus, contact your health care provider for further guidance.

Ending domestic violence begins at home

By Jeffrey G. Pinder

Family advocacy outreach manager

Everyone assigned to Sheppard knows first hand what sacrifice and commitment mean to our nation.

Where would our nation be today without the tremendous sacrifice of our ancestors and those who chose to serve before us? I ask that each of us take a moment and remind ourselves of the incredible social changes that have occurred throughout our country's history.

Social change begins with the realization that injustice is a reality for many of our fellow citizens. One of those injustices is the use of violence in a home. As we observe Domestic Violence Awareness Month, we should realize that violence does not have to be a choice. It begins and ends with each of us.

I can choose violence, but I know the consequences. Unfortunately, I see the consequences of family violence every day in my duties as your family advocacy outreach manager.

I see the impact violence has on the individual, the family, the neighborhood, the base, the community and our country.

If a few of us accept that violence is rarely, if ever, justified, then we have initiated the social change process. If we agree that violence is never a solution for disagreements in our relationships, then we can end partner violence. If we agree that violence is never an option for teaching our children to be responsible citizens, then we can end child abuse. Domestic violence has a long, entrenched history in many of the families I have served. Many of the adult victims I have served were child victims and their children have been victimized as well. Domestic violence is an unfortunate, tragic reality for far too many of us and it has to end.

Every victim knows the tragic consequences of domestic violence. Are you up for the challenges that lie ahead? Let's make a difference together. We can start with our families and our

elves by honoring the Air Force core value: excellence in all we do.

I believe in the Air Force core values and understand the benefits of living by these principles in all aspects of our lives. Excellence on the job is the expectation, but it is just as important to be an excellent friend, partner, husband, wife, mother and father.

I have been blessed with excellent parents, grandparents, friends and the best wife one could hope for. Who taught me the lessons of respect, love, trust and compassion? My family, friends, colleagues, supervisors and countless clients have been kind enough to help me understand these life lessons and how I might live by the lessons.

I challenge everyone to take actions to end domestic violence and be aware of the resources in our community that support victims of violence.

"This country for not will be a permanent good place for any of us to live in unless we make it a reasonably good place for all of us to live in."

— Theodore Roosevelt

What legacy do you want to leave tomorrow's Airman

By Maj. Bill Ferro

361st Training Squadron commander

As a part of the 82nd Training Wing, I have watched this awesome organization make tremendous strides, across the board, in building a strong, disciplined training team over the past two years.

I think the fundamental key to our success has been everyone's willingness to take responsibility for their actions. As William J. Bennett said in 'The Book of Virtues,' "to take responsibility" is to "respond" or to "answer" for your actions.

To be "responsible" is to be "answerable;" to be accountable for the things you do.

I see these principles at work within our wing. More and more, I see the future leaders of our Air Force not passing the buck when things go wrong or when we're not doing the job correctly.

Instead, I see you standing up to the problems and taking action to correct them. It's important to realize that the decisions you make and the actions you take when confronted with tough issues define who you are today and will mold who you become tomorrow.

With this point in mind, I want to speak to a particular responsibility all of us have to those who will follow in our footsteps. Though we operate in the here and now, we are laying the foundation for those who follow.

The Airman who arrives at our door tomorrow, next month or a year from now will inherit what we leave behind. As our legacy, I want those Airmen to inherit a well-oiled machine so they don't have to reinvent the wheel to fix a problem that has plagued us over and over.

Members of our future Air Force will not have the time or the resources to fix our problems. They will have their own set of unique problems to deal with.

How do we do this? The problems that face our Air Force are seemingly bigger than life, and certainly much bigger than we are!

Like eating the proverbial elephant, we must

start one bite at a time. We lay the foundation by the job we do day by day, process by process, program by program, issue by issue. We attack each of them with the idea of solving the core problem rather than attaching a temporary bandage to the symptom.

Each of us can do this at the level in which we operate. It is our responsibility to go that extra mile to ensure the solutions to everyday problems are well thought out and attack the core problem at hand.

To drive this point home, I leave you with a poem by Will Allen Dromgole that speaks to our responsibility to those that follow:

THE BRIDGE BUILDER

*An old man, going a lone highway,
 Came, at the evening, cold and gray,
 To a chasm, vast, and deep, and wide,
 Through which was flowing a sudden tide.
 The old man crossed in the twilight dim;
 The sudden stream had no fears for him;
 But he turned, when safe on the other side,
 And built a bridge to span the pit,
 "Old man," said a fellow pilgrim near,
 "You are wasting strength with the building here;
 Your journey will end with the ending day;
 You never again must pass this way;
 You have crossed the chasm, deep and wide—
 Why build you the bridge at the eventide?"*

*The builder lifted his old gray head;
 "Good friend, in the path I have come," he said,*

*"There followeth after me today
 A youth, whose feet must pass this way.
 This chasm, that has been naught to me,
 To that fair-haired youth may a pitfall be.
 He, too, must cross in the twilight dim;
 Good friend, I am building the bridge for him."*



ASKaSNCO provides guidance, career assistance to junior enlisted

Courtesy of the 82nd Training Wing Top 3

Do you have a question or concern that you are hesitant to run up the flag pole? If so, the 82nd Training Wing Top 3 Council has a tool to help!

ASKaSNCO@sheppard.af.mil is a web-initiative launched by the Wing Top 3 to assist junior enlisted members with obtaining information/assistance on a plethora of areas.

This initiative came to be as a result of an inquiry from the Junior Enlisted Troops Service who requested the support of the Top 3 in a area of providing guidance and assistance on a variety of topics to include the following: leadership & supervision, career assistance and general information areas.

According to Senior Master Sgt. Wesley Hardin, we are capitalizing on technology to those in need. We have created a vehicle whereby members can email us with a concern or question and, in turn, can answer the mail accordingly.

It is important to note that this initiative is not intended to circumvent or replace the traditional chain of command. Members are encouraged to utilize their appropriate chain of command to

solve problems at the lowest level. In essence, this initiative forms an additional vehicle for junior enlisted members to address questions and concerns in a non-attributable setting. Additionally, it provides the Top 3 with some "hands on" mentoring opportunities with the junior enlisted force. Lastly, it puts the Wing Top 3 on the forefront of "taking care of the troops!"

The Rules of Engagement are as follows:
 - Member's requesting assistance can simply send an email to: ASKaSNCO@sheppard.af.mil.

- Email should include the following: rank, name and nature of concern.
 - A designated member of the Top 3 will be available to staff any inquiries received from the mail box address.

- The originator can expect to receive a response within 24 hours of receipt (or the following duty day).

- The appropriate Top 3 member will review the inquiry and staff it accordingly utilizing all available resources. (Other SNCOs, MPF, Finance, Legal, Social Actions, etc...)

The Wing Top 3 is excited about this initiative and welcomes input and feedback. For more information, contact Sergeant Hardin at 6-6914.

Submit your questions and concerns to action.line@sheppard.af.mil or call 6-2000.

Your submission may be printed in The Sheppard Senator.



Chapel schedule

Catholic services

Confession are at 4 p.m.
Sundays at the south chapel.

Sunday

Mass: 9 a.m. at the south chapel and noon at the Solid Rock cafe and 5 p.m. at the south chapel.

Daily Mass

Tuesday, Wednesday and Thursday: 10:30 a.m. (south chapel)

Protestant services Sunday

10:30 a.m. Community Worship (Bldg. 1900)
10:30 a.m. Inspirational Gospel Worship (south chapel)
10:30 a.m. Holy Communion Worship (Solid Rock Cafe)

Protestant Parish Ministries

Protestant Men of the Chapel:
Saturday, 6:30 a.m. (south chapel)

Weekday Bible studies:
Tuesday, 6 p.m. and Thursday, noon, (south chapel)

Protestant Religious education

Adult religious education, 9 a.m. (Bldg. 962)

Tuesday Bible study, 6 p.m. (south chapel)

Thursday, noon Bible Study, lunch provided (south chapel)
PWOC Thursday Bible study, 6 p.m.

PMOC Tuesday Bible study, 6 a.m.

For more information about other religious activities, call the base chapel at 6-4370.

Student ministry

Solid Rock Cafe (Bldg. 450)

Monday through Thursday, 7:30 a.m. to 9:30 p.m. Friday, 7:30 a.m. to 11:30 p.m. Saturday, 1 to 11:30 p.m., Sunday, 1 to 9:30 p.m.

Sunday Protestant Bible study, 4 p.m.

Contemporary Praise Worship Service, 5 p.m.

Holy Communion Worship, 10:30 a.m.

Praise and Prayer, Wednesday, 8 p.m.

Students Awaiting Training classes, Tuesday and Thursday, 8:15 to 10 a.m.

Chapel Ropes Meeting, Tuesday, 11 a.m. and 4 p.m.

Parents and Tots, Monday, 1:30 to 3:30 p.m. and Wednesday, 10 to 11 a.m.



Movie line: 676-4427



Alien vs. Predator (PG-13)

Today at 4:30 p.m.
Saturday at 7 p.m.
Sunday at 4:30 p.m.

Lance Henriksen, Sanaa Lathan - An ancient pyramid is discovered buried in the ice of Antarctica, and scientists investigating the structure discover something worse: two races of aliens battling for domination. As the two species fight, humans find themselves caught in the middle and becoming casualties.



Open Water (R)

Saturday at 4 p.m.

Blanchard Ryan, Daniel Travis - Based on true events, Susan and Daniel, have just been abandoned by their scuba-diving boat in the Caribbean.

As the tension escalates between the troubled twosome, a current sweeps them far from where the boat left them, and deep dark clouds pass menacingly overhead, the sea-life just below the surface is clearly not of the friendly variety.

A day at the beach will never be quite the same again.



Without A Paddle (PG-13)

Today at 9 p.m.
Sunday at 4:30 p.m.
Sunday at 2 p.m.

Seth Green, Matthew Lillard - Three lifelong friends from Philadelphia go into the Oregon wilderness in search of lost treasure.

Canoeing down the Columbia River, the trio soon finds that their canoeing experience goes wrong as the river turns dangerous.

They find themselves hunted by two backwoods farmers and encounter treehugging hippie chicks and a crazy old mountain man.



No. 9

The rules

1. Write an imaginative, humorous, tasteful caption for photo No. 9.
2. Submit a maximum of two entries to sheppardsenator@sheppard.af.mil or call 6-7246 by Tuesday at noon.
3. Please include the photo number, your name and phone number.
4. The winning caption will be printed in the Sheppard Senator.
5. All entries are judged by the Senator staff. Good luck!

Clever Captions



No. 8's winning caption: Indy car racing officials tested a new type of pace car to stop complaints about how slow the old cars were. by Tech Sgt. Ray McCreesh, 365th TRS

Volunteer coach shares his passion for boxing
See Page 3B



Sheppard Sports



Soldiers in Iraq have a ball with stickball
See Page 4B

Vol. 57, No. 39

October 1, 2004

361 TRS picks off 365 TRS 18-12 in student-league football

By Senior Airman Chris Powell
Senator sports editor

The 361st Training Squadron beat the 365th Training Squadron 18-12 in overtime during student league flag-football action Tuesday.

David Travis was a beast on offense and defense for the 361st TRS. He had a touchdown reception and three interceptions on defense.

"I don't care about all the interceptions, I just care about getting the win," he said after the game.

Travis put the 361st TRS up 12-6 when he snagged a nice catch over

two 365th TRS defenders in the end-zone with 4:45 to play in the first half.

But the two-point conversion was intercepted by the 365th TRS.

When the 365th TRS got the ball back, they were aiming to score.

Danny Hall made a nice catch for a first down, and Travis Roseman caught a 30-yard touchdown pass with less than a minute left in the half to tie the score 12-12. The 365th could not convert the two-point conversion.

When the second half began, both teams had trouble keeping the ball away from the opposing defenders.

The 361st TRS marched down the field only to be intercepted in the end-zone by Brandon Patterson.

During a punt by the 361st TRS, the 365th TRS ran a nice reverse return for a huge gain and almost scored, but the play was called back due to a penalty on Patterson.

On the next series, Travis was able to return the favor by intercepting a pass with only 41 seconds left.

With only two seconds left in the game, the 361st TRS began scrambling to try to put some points on the board to win

See FLAG, Page 3B



Edward Hernandez, 365th Training Squadron drops a pass that would have put his team up 18-12 during a student-league flag-football game.

Sports Briefing Runover

Hill school sports volunteer writers

Team Sheppard, we want to recognize your children who are participating in junior-high and high-school sports.

Please submit information on how they did, and it will be published in the *Senator*.

People can submit stories to christopher.powell@sheppard.af.mil.

Football Frenzy

Football Frenzy is here again and time to think about the exciting games Miami vs New York Jets on Nov. 1, Minnesota vs Indianapolis on Nov. 8, Philadelphia vs Dallas on Nov. 15, Patriots vs Chiefs on Nov. 22 and St. Louis vs Green Bay on Nov. 29.

Falcons host Navy

The Air Force Academy Falcons welcome the Navy Midshipmen in a nationally televised football game Sept. 30 at Falcon Stadium.

The game will be carried on ESPN and can be heard on Westwood One radio stations. Game time is 5:45 p.m. MDT.

The Falcons are 2-1 overall and 1-1 in Mountain West conference play. The Midshipmen are 4-0.

Last year, the home team, Navy, edged Air Force 28-25. However, the Falcons are 14-3 at home against the Midshipmen and have won the last three games played in Falcon Stadium. Overall, Air Force leads the series between the two schools 25-11.

Air Force coach Fisher DeBerry is in his 21st year at the academy; Navy coach Paul Johnson is in his third year with the team.

This is the first game of the year between the service academies vying for the Commander-In-Chief's Trophy.

The trophy goes to the service academy which bests its academy rivals in college football and is presented to the winning team's owner by the president every May at the White House.

The Falcons will play Army on Nov. 6 at West Point, and Navy and Army will match up Dec. 4 in Philadelphia.

3-on-3 student basketball tourney

There is a three-on-three basketball tournament for students at 10 a.m. Saturday at the north fitness center.

Air Force falls to Utah on road, 49-35

Courtesy of the Air Force Academy News Service

SALT LAKE CITY – Marty Johnson tied a school record with four rushing touchdowns and No. 14 Utah held off Air Force 49-35 Saturday, giving the Utes their best start in 10 years.

Johnson, who had 21 carries for 72 yards, became the fourth Utah player to score four TDs and Alex Smith added a rushing score and passed for two more. Smith completed 13 of 23 passes for 260 yards and had 13 carries for 84 yards.

The Utes are off to their first 4-0 start since 1994, when they went 10-2 and finished the season ranked 10th. The defending Mountain West Conference champions also won their league opener, despite falling behind 14-0 in the first quarter on homecoming.

After allowing 35 straight points, the Falcons (2-2, 1-1) got back within a touchdown but no closer as they turned the ball over three times.

Air Force coach Fisher DeBerry was called for unsportsmanlike conduct after Utah's Ryan Smith intercepted a pass while going out of bounds late in the fourth quarter. DeBerry was still upset about a fumble at the end of the third quarter that led to one of Johnson's touchdowns and was restrained by his assistants as he yelled at the officials.

Six of the last seven games in the series were decided by a



Air Force halfback Darnell Stephens (15) leaps over Utah defensive back Ryan Smith to gain four yards in the second quarter Saturday, Sept. 25, 2004, in Salt Lake City.



Air Force quarterback Shawn Carney scores a 47-yard touchdown against Utah in the second quarter Saturday in Salt Lake City. Carney finished the day with three touchdowns himself. Utah beat Air Force, 49-35.

touchdown or less, including last year's 45-43 victory for the Utes in triple overtime. And this one also wasn't a runaway, although

it could have been a few times.

Shawn Carney ran 21 times for 95 yards and three touchdowns and completed 9 of 13 passes for 158 yards and a score to lead Air Force. He led an 80-yard scoring drive on the opening possession as the Falcons took advantage of a listless start by Utah.

Once the Utes got going, though, they scored 35 straight points -- including touchdowns on four straight possessions. Air Force finally ended the Utes' onslaught on Carney's 6-yard touchdown pass to Carsten Stahr with 5:28 left in the third to cut the lead to 35-21, then the Falcons forced Alex Smith to fumble and recovered at the Utah 19.

Carney punched it in from the 2 to cut Utah's lead to a touchdown with 2:14 remaining in the third quarter.

But it was as close as the Falcons would get. Carney fumbled and Utah recovered at the

See FALCONS, Page 4B

Lady Falcons win first game, but lose next three to Denver

Courtesy of the Air Force Academy News Service

DENVER, Colo. – Despite four players with double-digit kill totals and a huge come-from-behind victory in the first game, the Air Force volleyball team dropped a disappointing 3-1 match to local rival Denver on Tuesday, Sept. 28.

The Falcons rallied for a 36-34 win the first game, before succumbing 30-18, 30-26 and 30-22. With the loss in its next to last non-conference match of the season, Air Force falls to 4-7 on the season.

The first game, which ended with a season-high scoring total, didn't quite start out that spectacularly for the Blue and Silver.

An out ball by Denver put the Falcons on the board first and they built up a quick 3-1 lead, but the Pioneers quickly matched them and took the 8-4 lead. A kill by Rebecca Gallegos (Las Vegas, N.M.) halted Denver's scoring streak, but the Falcons continued to lag behind their hosts.

Although trailing by as many as eight at one point, Air Force continued to fight back and they slowly closed the gap.

A kill by Hamlett tied the game at 25-all, making the comeback complete. A service ace by Brittany Oligney (Katy, Texas) put the Falcons just one point shy of the game win, but this time it was Denver that came back, tying the score at 29-all.

From there, it was a close, evenly matched game, as the two programs traded leads. Once past the 30-point plateau, both teams took a one-point lead three different times, before the Falcons were able to claim that elusive second point and the 36-34 victory.

The second game saw Air Force get down early and unable to catch up. Long scoring drives by the host Pioneers kept the Falcons down by a point total that of their hosts (10-5, 16-8, 20-10). Hamlett and Gallegos kept the squad within 10 by several key kills and an ace until the Pioneers took the 30-18 game win and even the match at one.

For as lopsided as the second game was, the third was a poorly contested battle. Denver took the early 1-0 point that a Hamlett kill quickly matched. Once Oligney tied the score at four, the score went back and forth for the next 20 combined points. Air Force would claim a point and Denver would tie it up on the very next serve. The game went this way until the Pioneers took a one-point lead at 14-13 ... a point that the Falcons quickly answered. The game remained within one or two points until Denver started to pull away.

Despite several strong kills by Lamecca Jefferson (Beville, Texas), the Pioneers edged the Falcons for the narrow 30-25 victory.

The fourth game was much like the second, as two early Denver runs put the Falcons down 11-5 early. Air Force allowed Denver just two points, while racking up eight of their own and a kill by Molly White (Lafayette, La.) evened the score at 13-all.

Unfortunately for the Falcons, another set of Denver runs put the game away, as the Pioneers secured the 3-1 win.

With a season-best 21 kills, Hamlett led four Falcon scorers with double-doubles totals. Gallegos posted 14 kills, while Oligney and Brooke Akers (Desert Hot Springs, Calif.) had totals of 11 and 10, respectively.

Junior Carly Sierken (Beaverton, Ore.) quarterbacked the team with 58 assists, matching a career-best mark. Hamlett and Oligney also led the team in digs, with 10 kills apiece, for a double-double.



Kristin Hamlett recorded a season-best 21 kills in the loss at Denver.

Air Force outshoots Army to win Armed Forces Golf Championship

Courtesy of the Air Force News Service

SAN ANTONIO – The Air Force golf team won the 2004 Armed Forces Golf Championship at Fort Carson, Colo., Sept. 21 to 25.

The host Army team jumped to a three-stroke lead over the Air Force (731-734) after the first day of play. Team's scores are determined by adding the 18-hole stroke total of the six men and three women on the team.

Brian Billingsley, from Robins Air Force Base, Ga., kept the Air Force competitive with his 1-under-par 71, tying Mark Johnson of the Army for the best score of the day.

Tammy Garcia, from Wright-Patterson AFB, Ohio, led all women golfers on opening day with her round of 84.

Jeff Scohy, also from Wright-Patterson AFB, shot the best round on the second day of play – a 5-under-par 67.

Matthew Peterson, from Offutt AFB, Neb., had a 3-under-par 69, while Billingsley and Anneli Garza, from Fairchild AFB, Wash., came in at 70.

The Air Force also had the top three women's scores of the day with Karin Tjelmeland, from Lajes Field, Azores, with 78 to lead the group.

See GOLF, Page 4B



Matthew Peterson chips onto the green during the 2004 Armed Forces Golf Championship here. The Air Force golf team won the four-day match. Peterson's score of 70 led the team on Day 4. He is from Offutt Air Force Base, Neb.

Bowling

For more information, call 6-2170.

North lanes closed on Monday nights

The north lanes bowling alley are closed Monday nights through April.

Moonlight Colorama Tournament

The Moonlight Colorama Tournament is at 7 p.m. Saturday. Cost is \$13 per person.

Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes.

For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.

Rock It Bowl at the north lanes

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5 to 11 p.m. at the north lanes.

Bowling center birthday parties

The north and south bowling centers are available for birthday parties.

The cost is \$2 at the north lanes and \$1.50 at the south lanes.

The cost is more at the north lanes because it features Glow Bowling.

Feel free to bring your own cake and ice cream, but all drinks and other food must be purchased at the bowling center snack bar.

Community center

For more information, call 6-3866.

Jeet Kune Do classes

There are Jeet Kune Do classes from 2 to 4 p.m. Sundays at the community activity center.

Cost is \$35 per month.

Tang Soo Do classes

There are Tang Soo Do classes from 6:30 to 8 p.m. Mondays and Wednesdays for people ages 7 and older. Cost is \$25 for adult members and \$20 for children members.

The cost for children who are non-members is \$25.

Call 6-6826 for more information.

Pool tournament

The pool tournament is at 2 p.m. Sunday at the community activity center.

Trophies will be awarded to first and second-place winners.

Table tennis tournament

The table tennis tournament is at 5 p.m. the second Saturday of every month. Cost is \$2.

Trophies will be awarded to first and second-place winners.

Chess tournament

The chess tournament is at 10 a.m. the last Saturday of every month.

Trophies will be awarded to first and second-place winners.

Fitness center

For more information, call 6-2972.

Push it to the Max

Push it to the Max is a free program designed to teach people how to do correct push-ups and will improve push-up ability.

The program is from 5:30 to 7 a.m. Tuesdays in the aerobic room at the south fitness center.

Air Force cycling program

This program is designed to promote cycling as a life-long recreational activity that supports personal fitness goals.

For more information, contact Tech. Sgt. Moffett at 6 - 2972.

Spinning at the south fitness center

Spinning classes are at 4:30 p.m. weekdays at the south fitness center.

Aerobiccenter offers classes

The aerobiccenter, located in the main fitness center, offers coed aerobics classes seven days a week.

classes seven days a week.

Abdominal class

Monday, Wednesday and Friday at 11 a.m.

Cardio blast

Monday at 7:15 a.m.

Step aerobics

Tuesday and Thursday at 5:15 a.m.

Body pump

Monday at 6 p.m. Tuesday and Thursday at 9:15 a.m.

Thursday and Saturday at 11:30 a.m.

Wednesday at 6 p.m.

Yoga and pilates

Monday and Wednesday at 10:15 a.m.

Wednesday at 5 p.m.

Thursday at 6 p.m.

Saturday at 3 p.m.

Sunday at 4 p.m.

Basic step

Monday, Wednesday and Friday at 7 p.m.

Sunday at 2 p.m.

Kickboxing

Tuesday and Thursday at 7 p.m.

Sunday at 3 p.m.

Intermediate step

Saturday at 10:15 a.m.

Advanced step

Monday, Tuesday at 5 p.m.

Combo step

Monday, Wednesday and Friday at 11:30 a.m.

TOPS

For more information, call 855-4308.

TOPS class

There is a Taking Off Pounds Sensibly class at 6 p.m. Thursdays in Bldg. 962.

Youth center

For more information, call 6-5395.

Fit For Fun 2004

The Fit for Fun 2004 program is designed to get children to participate in a more active lifestyle through rewards and recognition.

The program is every day for 9 to 18 year olds at the Madrigal youth center.

Youth flag football

Youth ages 6 to 10 years old can register for flag football at the Madrigal youth center.

Participants will learn the basic fundamentals of football while eliminating extreme physical contact.

Volunteer coach shares passion for boxing

By Staff Sgt. A.C. Eggman
62nd Airlift Wing Public Affairs

MCCHORD AIR FORCE BASE, Wash. — A maintainer here offers people an alternative to being on the street, one that teaches them lifelong skills. In turn, those people teach him how to become a better coach and allow him to be involved in the sport he adores.

"I love boxing," said Staff Sgt. Edward Rivas, a flying crew chief with the 62nd Aircraft Maintenance Squadron and a volunteer boxing coach. "I love working with the children and seeing them progress."

Since August 2002, the San Antonio native has volunteered more than 900 hours at the Boys and Girls Club boxing program in nearby Tacoma. He wanted to get involved in boxing and learn how to coach, and the club has a structured boxing program he said he liked instantly.

"I had been to other clubs, and it was chaotic," Sergeant Rivas said. "[At those clubs] there are four or five coaches with their own little group of children, doing their own thing. Here, everyone learns the same skills [and] everyone is on the same page. There is no preferential treatment, and that's what I liked about (the club)."

U.S. Olympics boxing team head coach Tom Mustin, who also coaches at the Boys and Girls Club, agreed to make Sergeant Rivas a coach at the club.

Within 12 months, Mr. Mustin recommended Sergeant Rivas to coach the Air Force boxing team. The team earned four gold and four silver medals in the U.S. Armed Forces Championships.

"I'm really fortunate because now I'm learning [how to coach] from somebody with more than 30 years experience," Sergeant Rivas said. "When I was younger, I didn't have anyone to show me how to throw a proper punch; I had to learn the hard way."

Sergeant Rivas said he sparred growing up, but he was basically told to get in the ring and defend himself. He was never taught the "basics."

"I wasn't very good," he said, explaining that

he never competed as an amateur.

Commonly referred to as "Coach Eddie" by his athletes, the 34-year-old said he wants to teach children the correct techniques of boxing. His athletes learn how to properly throw a punch, return to guard position and when to move left or right.

The boxers are not allowed to continue on to circuit training or sparring until they demonstrate they can follow instructions and focus.

None of his pupils are military family members, and they all come from various backgrounds.

"Boxing brings in all walks of life," Sergeant Rivas said. "I wanted to deal with and affect certain people. Kids want discipline and structure. Boxing is discipline, work ethics, responsibilities -- lifelong skills -- and that's what I want to teach them."

He coaches up to 50 athletes, who are as young as 7. He is at the gym Monday through Thursday, for up to three hours a night. Even his co-workers notice and applaud his dedication and hard work.

"His love for helping underprivileged children coupled with his love for boxing has driven him to spend every free moment coaching," said Master Sgt. Todd Mighell, his supervisor. "In spite of him having no prior experience coaching and being deployed for 331 days, he soon showed himself to be a natural."

Sergeant Rivas said when he is not deployed, he is either at the gym or with his family.

"When I come back [from a deployment], I run home, say hi to my wife and daughter, drop off my stuff and head over to the club," he said.

Besides his military deployments, Sergeant Rivas also travels with his athletes to tournaments nationwide, but only if they adhere to strict rules.

"They have to keep their grades up," Sergeant Rivas said. "And they have to keep out of trouble. It helps out the parents also. It's almost like tough love. You have to take it away from them, but you also want a good, balanced athlete."

The self-described "quiet guy at work" said he



Photo by Kevin Tash

Staff Sgt. Edward Rivas works with his 9-year-old-daughter, Mariah, on her boxing basics. He is a volunteer coach at the Boys and Girls Club boxing program in nearby Tacoma. Sergeant Rivas is a flying crew chief with the 62nd Aircraft Maintenance Squadron.

wants to open his own gym after he retires. In the meantime, his goals are to knock the Army out of competition in the U.S. Armed Forces Championships and to one day coach for the U.S. Olympic team.

The 12-year veteran, who left the service in 1998 and returned after Sept. 11, 2001, said he

plans to stick with coaching and credits his military service with helping make him a coach.

"I have a different appreciation for the military now. And besides, if I didn't come back to the military, I wouldn't be coaching now," he said.

NASCAR team gets a glimpse of Navy life

By Journalist 2nd Class Chris Conklin
Navy Recruiting Command Public Affairs

NORFOLK, Va. (NNS) — The U.S. Navy-sponsored FitzBradshaw race team visited Naval Station Norfolk Sept. 15-17 to tour the base and get a glimpse of what Navy life is like for the Sailors they represent weekly on the NASCAR Bush Racing Circuit.

During an off week of racing, Casey Atwood, driver of the No. 14 Navy "Accelerate your life" Chevrolet Monte Carlo, race team co-owner Armando Fitz, and many of the pit crew members visited USS Donald Cook (DDG 75), USS Iwo Jima (LHD 7), Assault Craft Unit 2 for a harbor ride on a landing craft, USS Harry S. Truman (CVN 75) and USS Scranton (SSN 756).

The crew of Cook was pleased to have the chance to host the Navy race team.

"It was a pleasure. I'm a big NASCAR fan myself," said Cmdr. Mark Fedlack, Donald Cook commanding officer. "There are a lot of parallels between the race team coordination and how we operate our ship, the teamwork that is involved and the mechanical expertise to get all the equipment ready and running good. We are real happy to be out there and able to pull for a Navy race team. And it's even better to have them here in the ship."

Atwood said he was in awe of the precision in which the Sailors worked with each other and was surprised to see the amount of work the crews did to keep their ships operational even while in port.

"It's just amazing how organized everybody is," said Atwood. "Everybody has a job to do. They are always working, whether in port or out to sea."

While the race team was impressed by the ship's technology and coordination Sailors demonstrate every day, Fitz was more impressed with the dedication of the young men and women and the sacrifices they make.

Noting the average age of the Sailors aboard and the responsibilities they are charged with daily, Fitz saw a correlation in Navy duties and race-team life.

"Comprehending that Sailors, young Sailors, 19-year-olds, are steering aircraft carriers and what a significant contribution



U.S. Navy photo by Journalist Apprentice Andy Zaik

Driver of the Navy sponsored NASCAR Bush Series No. 14 Chevrolet Monte Carlo, Casey Atwood signs an autograph for Chief Yeoman Dwayne Gill, during a tour of USS Scranton (SSN 756). The FitzBradshaw race team visited Naval Station Norfolk to tour the base and get a glimpse of what Navy life is like for the Sailors they represent weekly.

that is to the overall efficiencies of the Navy, exactly mirrors the young mechanics that work on all of FitzBradshaw Racing's race cars," he said. "Our mechanics are the backbone of the No. 14."

Senior Chief Navy Counselor Jeff Priest, Navy Recruiting Command's liaison between the Navy and the race team, organized the trip and was pleased with its outcome.

"The Sailors were honored to have the team come to their ships," said Priest. "But I think there was a mutual admiration. The Sailors loved seeing the race team, and the race team loved seeing the Sailors and the work they do."

"The fact that the FitzBradshaw team volunteered to come tour the naval station and ships at no cost to the Navy shows the camaraderie the team seeks with the Navy," said Priest.

The team was further honored with a presentation of a coin in memory of the Sailors killed in the Pentagon during the attacks of Sept. 11, 2001. The coin, accord-

ing to Fitz, will be a fixed part of every competing Navy-sponsored car for the remainder of the season.

The trip will be memorable for the entire race team, according to Dwayne Doucette, mechanic and the race team's rear tire changer on race day.

"The whole thing was just a good experience," said Doucette, the son of a Navy veteran. "Going on the [Truman] was the most prominent thing that stands out because of its size. It's pretty amazing."

Doucette and the rest of the race team came away with a new perspective on Navy life and a renewed appreciation for Sailors who serve in the Navy.

"Everything we have done with the Navy, from visiting boot camp to this trip has been great," said Doucette. "I tip my hat to everyone who joins the service, especially the Navy. For them to go out there and do the things they do to give us the freedom to go racing every week, it is a great thing."

Air Force wins 10th-straight Service Academy Golf Classic

DALLAS (AFPN) — The Air Force Academy golf team extended its winning streak to 10 on Sept. 26 and 27 at the annual Service Academy Golf Classic, as the Falcons finished four strokes ahead of Army with a three-round total of 1,107.

Navy was third in the team standings (1,132), while the Merchant Marines came in fourth. Air Force sophomore Ben Jackman, shooting a 3-over-par 219 for the tournament, earned co-medalist honors along with the Army's Scott Manley, who was awarded the individual trophy based on his performance in the final round.

Four other Falcons earned all-service academy honors, finishing among the top eight competitors. Senior Kala'e Leong and sophomore Tyler Goulding were part of a three-way tie for third place with a 221, while freshman Tyler Lahrum who started the final day in a tie for 14th, had the low round of the day (along with Manley) with a 2-under 70 to finish in seventh place. Rounding out the all-tournament team for Air Force was senior Daryl McCoy who came in eighth with a three-day total of 224.

Also helping the Falcons to their 10th-consecutive Reemtsma Trophy were sophomore Chad Follett who came in 16th with a score of 231, and junior Scott Redmond who finished in a tie for 17th at a 15-over 234.

Air Force continues its fall season Oct. 1 and 2 at the Tucker Invitational in New Mexico.



Black Knights fall to Connecticut

Courtesy of the Westpoint
News Service

EAST HARTFORD, Conn. - Dan Orlovsky threw for 288 yards and four touchdowns to lead Connecticut to a 40-3 victory over Army, Saturday afternoon at Rentschler Field.

The Huskies used a balanced attack and scored on their first two possessions. Orlovsky capped UConn's opening 73-yard drive with a 3-yard TD pass to tight end Dan Murray. He found Kevin Henry less than two minutes later for a 45-yard score and Army (0-3) was unable to mount much of a challenge after that.

Henry and Orlovsky also hooked up in the closing minutes of the first half for a 15-yard TD. The two scores were a career

best for Henry, a former quarterback who switched to wideout after Orlovsky became the starter in 2001.

Henry also finished with a career-high 117 receiving yards on seven catches.

Cornell Brockington delivered a solid ground game, rolling up 95 yards in the first half and a touchdown. He finished with 111 yards. His touchdown, a 4-yard run, with 11:31 left in the first half, was set up by James Hargrave's interception of Reggie Nevels.

Army used both Nevels and Matt Silva at quarterback and neither could do much against UConn's bigger, quicker defenders. The Black Knights, under a constant rush, fumbled five times and rarely got within striking distance. They made the most of their one chance, though, when Austin

Miller's 44-yard field goal attempt hit the crossbar and bounced through for Army's only points with 3:05 left in the first quarter.

The Huskies (3-1) had a comfortable 27-3 lead at the half and came back with more of the same to start the second half. Orlovsky engineered a 59-yard drive on UConn's first possession, hitting tight end Tim Lassen for a 1-yard TD pass.

Orlovsky was finally pulled later in the third quarter for backup Matt Bonislowski after completing 25 of 34 attempts. Nevels and Silva combined for 114 passing yards for Army, hitting 11 of 27 attempts.

UConn held Army to 136 yards rushing. The Huskies ground game racked up 199 yards.

FLAG

Continued from Page 1B

the game.

A couple of first downs later, the 361st TRS' last play in scoring position, but only had 5 seconds left in the game. But before the 361st TRS' quarterback could complete his throw in the endzone, he was sacked to end the game.

With both teams tied at the end of the game, each team had a chance to score in overtime.

The 361st TRS got the ball first and immediately attacked the 365th TRS' defense.

Wide receiver Colby Latiolais stepped up big in overtime with a nice 16-yard catch to open it up that was followed by another nice catch on third down.

Down to their last play, the 361st TRS went back to their overtime playmaker, in Latiolais who scored on a nice touchdown

pass in the endzone.

Unable to convert the two-point conversion, the 361st TRS left it up to their defense to finish the game for them. And it did not let them down.

The 365th TRS moved the ball to the 10-yard line with a catch by Roseman, but on the next play, Travis snagged an interception in the endzone to end the game.

If you'd like to help out with the Sheppard Senator sport's section, call 6-1326.



Mouthguards will go a long way in preventing oral injuries

Senior Airman Jeremy Harris
82nd Dental Squadron

More than 200,000 injuries to the jaw and mouth occur each year from sports injuries, accidents or casual recreation.

The cost of repairing teeth and follow-up dental treatment can cost thousands of dollars and many hours in the dental office.

Now, wouldn't a mouthguard be cheaper?

Athletes are 60 times more likely to suffer damage to the mouth when not wearing a mouthguard.

Mouthguards help prevent injury to the mouth area, especially to the teeth, lips, cheeks, and tongue. Dental injuries in sports are primarily due to tooth-to-tooth contact. Being accidentally bumped in the chin with an elbow is not what directly causes most dental injuries. It's the collision of the lower teeth with the upper teeth after the bump that causes the damage.

A mouth guard worn on the upper or lower teeth cushions the blow to protect both the upper and lower teeth. Even athletes who use helmets or face masks should wear mouthguards, since they also protect against head and neck injuries by cushioning blows that could otherwise cause concussions or jaw fractures.

Caring for your mouthguard

After each use, wash the mouthguard with soap and warm water and rinse thoroughly. You may also soak your mouthguard in mouthwash before storing. Remember to thoroughly dry the mouthguard before placing it in a plastic storage container. It is important not to bend the mouthguard during storage since it may distort.

Mouthguards can wear out, so remember to check its condition from time to time to see if it needs replacement. Tears and perforations can irritate the teeth and mouth. A worn out mouthguard loses its effectiveness in protecting against dental, jaw, and concussion injuries.

No matter what age you are, mouthguards are cost effective, easily obtained, and can go a long way in preventing serious injury to the head and mouth. For this reason, no person engaged in any contact sport should be without one.

At Sheppard, mouthguards are required in all contact intramural sports. Boil and bite mouthguards can be picked up at the front desk of the dental clinic with no appointment needed. We have to limit one mouthguard per person. Everybody that's involved in these intramural sports should stop by our clinic between the hours of 7:30 a.m. to 4:30 p.m. to pick up mouthguards.

**Don't drink or drive,
and be sure to buckle
up.**



Photo by Sgt. 1st Class Johancharles Van Boers

Don't drop it

American Indian Soldiers came from all over Iraq to play a game of stickball and participate in other events during the Native American Inter-Tribal Powwow, held near Fallujah.

FALCONS

Continued from Page 1B

Air Force 42 late in the third, and the Utes drove for another touchdown by Johnson. Johnson is the first Utah player to run for four touchdowns in a game since Mike Anderson did it against UNLV in 1999.

Johnson got Utah through 14-7 on a 2-yard run, then the Utes struck twice in the final three minutes of the half with a pair of scores on just four plays.

Smith hit Paris Warren in stride along the Utah sideline and Warren took it for a 65-yard touchdown to tie it at 14 with 2:37 left in the first half. The Utes got the ball right back when Ryan Smith stripped the ball from Anthony Butler and Spencer Toome recovered at the Air Force 21.

Alex Smith ran 11 yards on a keeper, then kept it again on second down and trotted across the goal line after slowing down to follow a smothering block by Steve Savoy.

**Call 761-5151 to place an ad in
the Sheppard Senator.**

GOLF

Continued from Page 1B

Field, Azores, with 78 to lead the group.

Garcia and Amy Rongey, from Osan Air Base, South Korea, both shot 81. The combined scores of the Air Force Team beat the Army's total by 21 strokes, giving the Air Force an 18-stroke lead over the Army after the second day of play.

Scotch's 69 once again led the Air Force team on Day 3, followed closely by 72 from Billingsley, Garza and Barry Cousler, from Offutt AFB. James Logan Gage, from Patrick AFB, Fla., was not far behind with a score of 73. Rongey's 86 led the women on Day 3. These scores contributed to the Air Force's overall 41-stroke lead going into the final day of play.

Peterson's 70 led the Air Force on the final day of competition. Scotch, Cousler and Garza all shot 72, while Billingsley ended the tournament with a 73.

Rongey led the women with an 84. The Air Force claimed the team title with a 2,793-stroke total, followed by the Army (2,842), the Navy (3,000), and the Marine Corps (3,096).

Scotch topped all competitors with his four-day total of 283, followed closely by Billingsley's 286. This earned them gold and silver medals for the championship.

Tjelmeland was the top female golfer with her four-day total of 341. Army won the women's silver medal with a 342 total, while Garcia won the bronze medal with 344.

Find an ad.

Listings are sorted by category classification headings.



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